



# RISC

Reducing Isolation  
of Seniors Collective

**Friday,  
October 4**

Everyone Welcome!

**1:30 pm. - 3:00 p.m.**

**Gravelbourg Branch Library**

**East, 133 5th Ave. W.**

**Gravelbourg, Sk.**

## PRESENTATIONS

### **RED CROSS FRIENDLY PHONE PROGRAM**



The Red Cross Friendly Phone program matches volunteers with seniors in your area, providing new social connections through a weekly home visit or phone call.

### **AGE-FRIENDLY SASKATCHEWAN**



Age-Friendly is a global movement of communities where policies, services, settings and structures support and enable people to age actively.

***Free event with door prizes***

***Snacks provided***

***RSVP by October 1st to  
program@skseniorsmechanism.ca or  
call Michel at 306-757-1898***



*Older  
Adults  
Moving  
Forward*

**Canada**

Funded in part by the Government of Canada's  
New Horizons for Seniors Program